



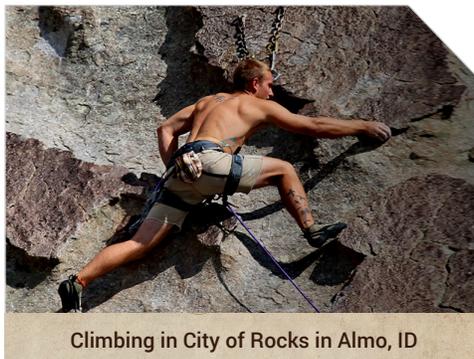
ADVENTURE SPORTS IN SOUTHERN IDAHO

Authentic Adrenaline Everywhere You Look

If your idea of a fun day of sports leans more toward barreling down a dirt path in the mountains or **pitching yourself into the depths of one of the nation's most impressive canyons**, Southern Idaho is the place for you. Here are four ways to get your heart pumping in some of Idaho's most scenic country.



BASE Jumping in Twin Falls, ID



Climbing in City of Rocks in Almo, ID



Catching Whitewater on the Murtaugh Stretch

BASE Jumping

The I.B. Perrine Bridge connects Twin Falls and Jerome counties – and connects extreme sports enthusiasts with unparalleled adrenaline rushes. This bridge towers 486 feet above the Snake River (the tallest in the world when the original bridge opened in 1927), attracting BASE jumpers from around the world thanks to its easy access and spectacular views. If you want to jump, no problem: **No permit needed**, but don't jump without training.

Rock Climbing

Southern Idaho is a haven for rock climbers from around the world. Head to the City of Rocks National Reserve and Castle Rocks State Park for unbeatable rock and ice climbing. Located near Almo, City of Rocks has been attracting climbers since the 1970s with fantastically named climbs like Bloody Fingers (a difficult 5.10), Terror of Tiny Town (5.11), and Crack of Doom (5.11). And at the City, you can just wake up in your tent and go: There are plenty of camp sites available.

Whitewater Rafting

Just east of Twin Falls lies one of the most notorious stretches of whitewater in all the world: The Murtaugh Stretch of the Snake River, 15-mile series of 16 punishing Class IV and V rapids. This legendary stretch is the stuff bucket lists are made of, and you'll need an expert guide company like Idaho Guide Service to see you through.

Prefer a more mild stretch? The Hagerman Section of the Snake River has Class III rapids – still thrilling, but not quite as death-defying.

VisitSouthIdaho.com

